

The ATTRACT STUDY

A European Perspective

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Or rephrased...

“To lyse or not to lyse: that is the question:

Whether tis nobler in the mind to suffer

The raving pain or ulcer of post thrombotic
syndrome

Or to take arms against the clot and by lysing
end them? To lyse: To Live! “

with thanks for inspiration to Peter Neglen (and of course Shakespeare)





What is Truth?



ATTRACT – Beyond the Headline

- Villalta Score set it up to fail – binary vs continuous
- 56 centres – 6 treated patients per center over the trial
- No imaging to show a patent vein except in a subset
- A number of the treatment options withdrawn
- High screen failure rate or patients not entered into the trial (50:1) – explanation not reflective of practice
- PTS improved by treatment

ATTRACT Not the Only Trial Data Available

Conservative Options if we Stop

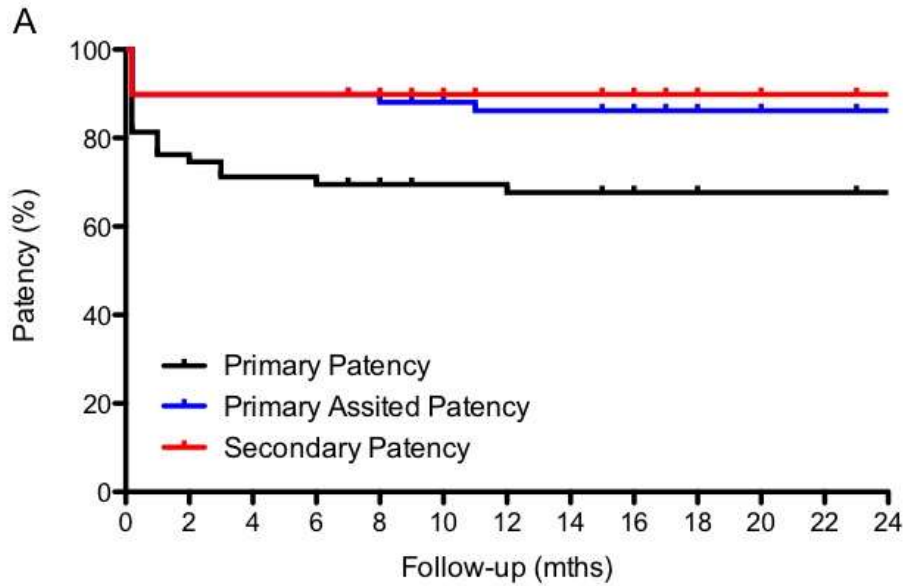
- Stockings
- Dressings
- Anticoagulants

- Multiple Meta-analysis of the available literature
- Most focused on prevention

Can we improve these

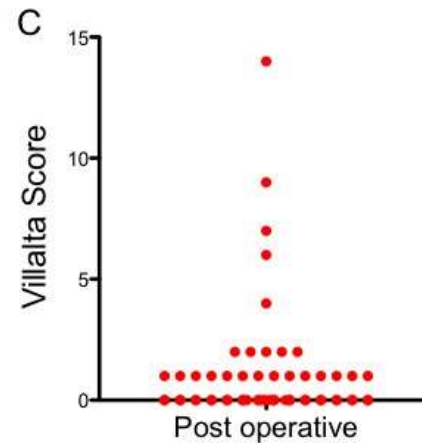
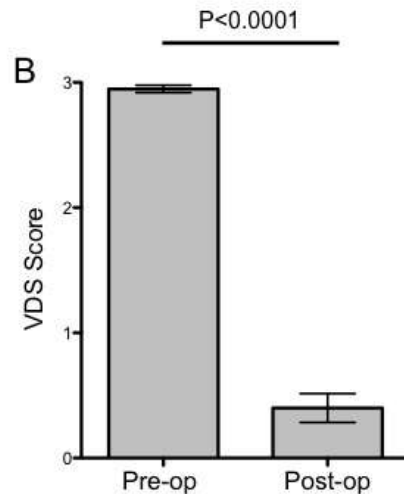
ACUTE PATIENTS

FIGURE 1



Time (mths)	0	6	12	18	24
Numbers at risk	60	60	46	41	37

88% of CDT patients had a venous stent

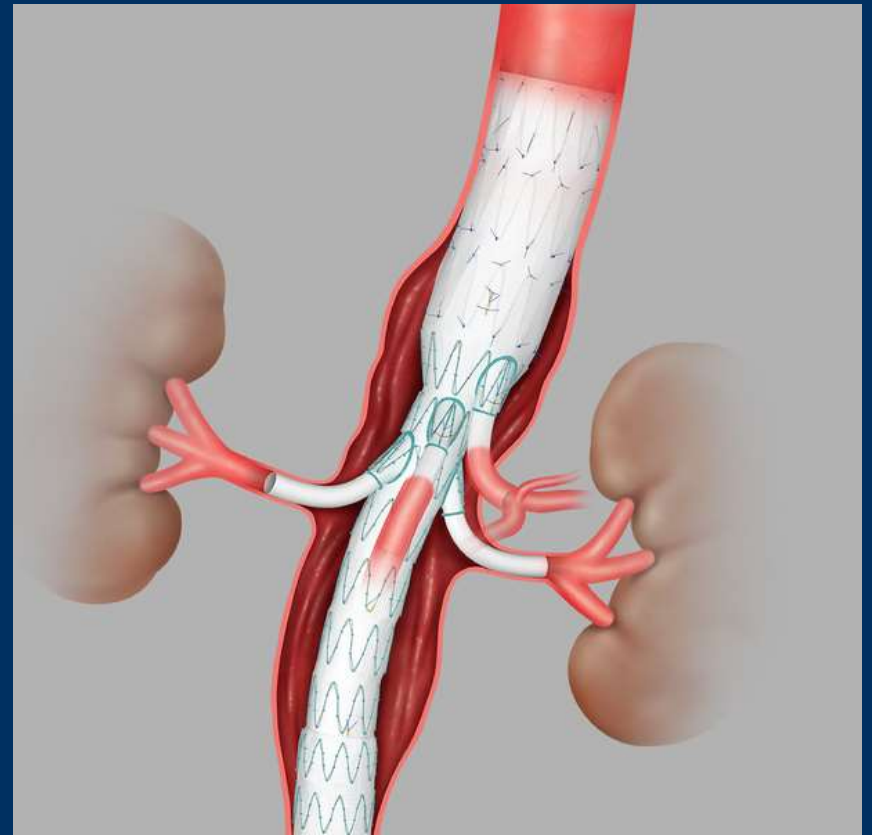


Outcomes following INVeSt in acute IF DVT patients

Then and Now



When do we stop?



Conclusion

- Read the whole Paper
- Understand the pros and cons
- Recognise that this is not a sign to stop
- Work at making things better
- Further studies to come

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