The ATTRACT STUDY
A European Perspective

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Or rephrased...

“To lyse or not to lyse: that is the question: Whether tis nobler in the mind to suffer The raving pain or ulcer of post thrombotic syndrome Or to take arms against the clot and by lysing end them? To lyse: To Live! “

with thanks for inspiration to Peter Neglen (and of course Shakespeare)
What is Truth?
ATTRACTION – Beyond the Headline

- Villalta Score set it up to fail – binary vs continuous
- 56 centres – 6 treated patients per center over the trial
- No imaging to show a patent vein except in a subset
- A number of the treatment options withdrawn
- High screen failure rate or patients not entered into the trail (50:1) – explanation not reflective of practice
- PTS improved by treatment

ATTRACTION Not the Only Trial Data Available
Conservative Options if we Stop

• Stockings
• Dressings
• Anticoagulants

• Multiple Meta-analysis of the available literature
• Most focused on prevention

Can we improve these
88% of CDT patients had a venous stent.
Then and Now
When do we stop?
Conclusion

• Read the whole Paper
• Understand the pros and cons
• Recognise that this is not a sign to stop
• Work at making things better
• Further studies to come
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